

**Virginia Association for Teachers of
Family and Consumer Sciences**

FCS is the Bees Knees in 2023!



2023 Professional Development Institute
Hotel Madison & Shenandoah Valley Conference Center
July 16-19, 2023

VATFACS, Inc. Board of Directors

President – Diane Breinig, Loudoun County Public Schools

Past-President – Renee Stephens, Lynchburg City Public Schools

President-Elect – Toshieba Ragland, Fairfax County Public Schools

Vice President – Susan von Schaack, Fairfax County Public Schools, Retired

Secretary – Kathryn Kiser, Fauquier County Public Schools

Treasurer – Karen Roberts, Portsmouth City Public Schools

Reporter – Tammy Cassell, Scott County Public Schools

Virginia ACTE Representative – Dr. Amber Tiernan, Prince William County Public Schools

Communications Representative - Erin Clampitt, Loudoun County Public Schools

Adviser to the Board – Heather M. Jones, Virginia Department of Education

Executive Director – Emily O’Connor, Prince William County Public Schools, Retired

Family and Consumer Sciences Vision

Family and Consumer Sciences Education empowers individuals and families across the life span to manage the challenges of living and working in a diverse global society. Our unique focus is on families, work, and their interrelationships.

Family and Consumer Sciences Mission

The mission of Family and Consumer Sciences Education is to prepare students for family life, work life, and careers in Family and Consumer Sciences Education by providing opportunities to develop the knowledge, skills, attitudes, and behaviors needed for:

- Strengthening the well-being of individuals and families across the life span.
- Becoming responsible citizens and leaders in family, community, and work settings.
- Promoting optimal nutrition and wellness across the life span.
- Managing resources to meet the material needs of individuals and families.
- Balancing personal, home, family, and work lives.
- Using critical and creative thinking skills to address problems in diverse family, community, and work environments.
- Successful life management, employment, and career development.
- Functioning effectively as providers and consumers of goods and services.
- Appreciating human worth and accepting responsibility for one’s actions and success in family and work life.



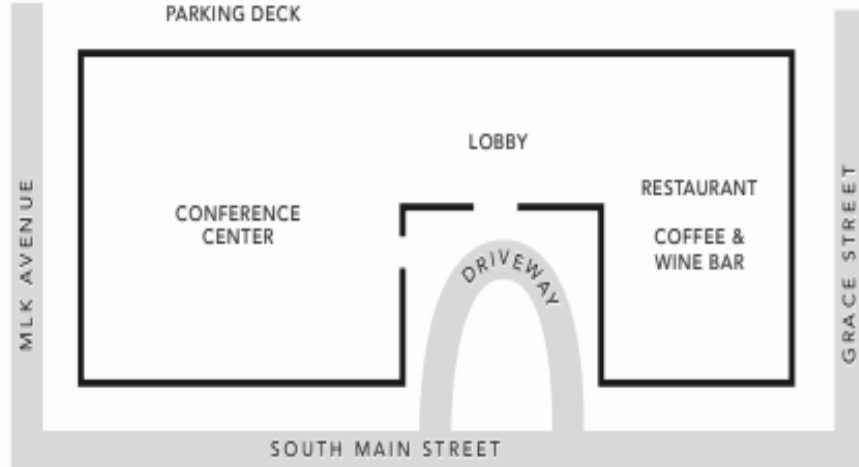
VATFACS, Inc. PDI Schedule 2023

Subject to Change

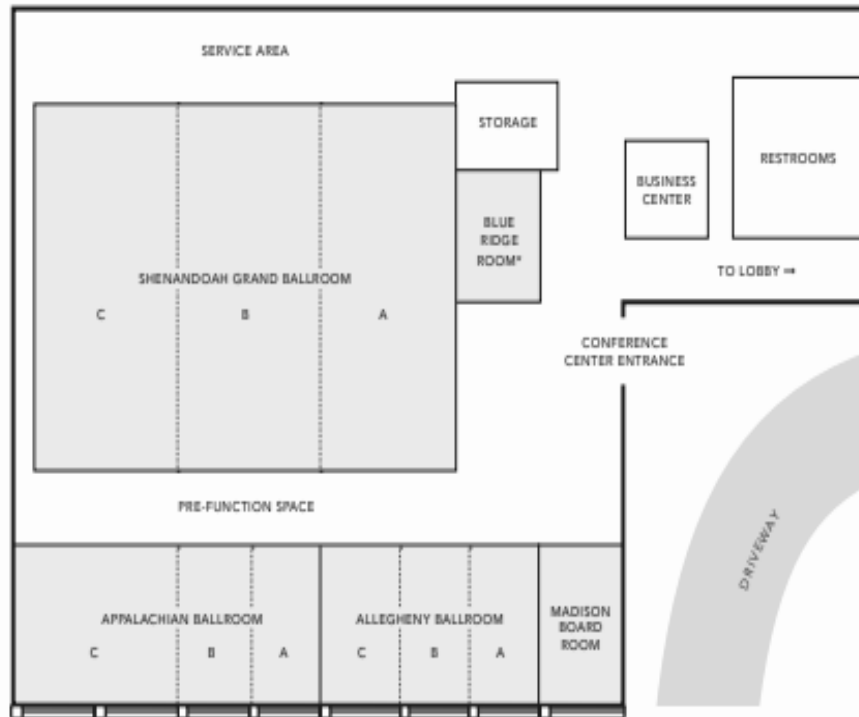
Saturday, July 15	
4:00 p.m. to 7:00 p.m.	Board of Directors Meeting and Dinner
Sunday, July 16	
4:00 p.m. to 7:00 p.m.	Registration
6:30 p.m. to 7:15 p.m.	Book Signing with Danielle Dreilinger
7:00 p.m. to 7:15 p.m.	Opening General Session
7:30 p.m. to 9:00 p.m.	Breakout Sessions – Sponsored by Little Debbie & Route 11 Chips
Monday, July 17	
7:00 a.m. to 4:30 p.m.	Registration
7:00 a.m. to 8:00 a.m.	Breakfast and CTSO Update begins at 7:15 a.m.
8:15 a.m. to 9:15 a.m.	Breakout Sessions
9:30 a.m. to 10:30 a.m.	Breakout Sessions
10:45 a.m. to 11:45 a.m.	Breakout Sessions
12:00 p.m. to 1:30 p.m.	Opening Luncheon with Keynote Danielle Dreilinger
1:45 p.m. to 2:45 p.m.	Breakout Sessions
3:00 p.m. to 4:00 p.m.	Breakout Sessions
4:30 p.m. to 6:30 p.m.	Virginia Quilt Museum Tour
4:30 p.m. to 6:30 p.m.	Pale Ale Fire Brewing Tour
Tuesday, July 18	
7:00 a.m. to 12:00 p.m.	Registration
7:00 a.m. to 8:15 a.m.	Breakfast and VDOE Update begins at 7:30 a.m.
8:30 a.m. to 12:15 p.m.	Credentialing & Training Sessions
12:30 p.m. to 2:00 p.m.	Luncheon with Keynote Chase Mielke
2:15 p.m. to 3:15 p.m.	Breakout Sessions
3:30 p.m. to 4:30 p.m.	Breakout Sessions
Wednesday, July 19	
7:00 a.m. to 12:00 p.m.	Registration
7:00 a.m. to 8:15 a.m.	Breakfast Session and VATFACS Annual Business Meeting begins at 7:30 a.m.
8:30 a.m. to 10:30 a.m.	Best Practices with Teachers, Non-profits, and Exhibitors
11:00 a.m. to 12:15 p.m.	Awards, Scholarship & Exhibitors Luncheon
12:30 p.m. to 1:30 p.m.	Breakout Sessions
1:45 p.m. to 2:45 p.m.	Breakout Sessions
2:45 p.m. to 3:30 p.m.	Refreshment break
2:45 p.m. to 3:30 p.m.	Exhibit time with Exhibit Door Prize drawing at 3:30 p.m.
3:30 p.m.	Distribution of professional development certificates
4:30 p.m. to 7:00 p.m.	Board of Directors Meeting & Dinner
Thursday, July 20	
7:00 a.m. to 8:00 a.m.	Virginia Teachers for Tomorrow Teacher Cadet Breakfast
8:00 a.m. to 5:00 p.m.	Virginia Teachers for Tomorrow Teacher Cadet Training, Part I
8:00 a.m. to 5:00 p.m.	ServSafe Training and Test
Friday, July 21	
7:00 a.m. to 8:00 a.m.	Virginia Teachers for Tomorrow Teacher Cadet Breakfast
8:00 a.m. to 5:00 p.m.	Virginia Teachers for Tomorrow Teacher Cadet Training, Part II and Lunch

Hotel Madison and Shenandoah Valley Conference Center Floor Plan, First Floor

FIRST FLOOR PLAN



DETAILED CONFERENCE CENTER PLAN



*EVENT REGISTRATION

VATFACS

Professional Development Institute Website



Access the VATFACS PDI Conference Website and Session Resources at www.vatfacs.net

Password XXXXXXXXXX

Be sure to follow us on social media and please share out positive posts from the VATFACS Professional Development Institute by tagging @vatfacs and using the #PDI2023 hashtag.

Get Involved - Join a VATFACS Committee!

We need members for the 2023-2024 year.

Committees you can join include:

Scholarships	Nominations and Elections	History	Constitution
Exhibits	Strategic Planning	Membership	Public Information
Finance	Awards and Honors	Institute Program	

Learn more about the different committees and volunteer here:

<https://www.vatfacs.net/get-involved>

VATFACS Boutique Hours

Located in the Conference Center Pre-Function Area

Cash, Checks, and Credit Cards Accepted

Sunday, July 16, 2023

4 p.m. to 7 p.m.

Monday, July 17, 2023

7 a.m. to 7:30 a.m.
11:30 a.m. to 11:45 a.m.
3:45 p.m. to 4:30 p.m.

Tuesday, July 18, 2023

7 a.m. to 7:30 a.m.
3:45 p.m. to 4:30 p.m.

Wednesday, July 19, 2023

7 a.m. to 7:30 a.m.
10 a.m. to 11 a.m.

Sunday, July 16, 2023 – Day-at-a-Glance

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval

**Conference Registration – Conference Center Pre-Function Area
4:00 p.m. to 7:00 p.m.**

**Book signing with Danielle Dreilinger
Conference Center Pre-Function Area
6:30 p.m. to 7:15 p.m.**

Time	Shenandoah Ballroom	Appalachian Ballroom A	Appalachian Ballroom B	Appalachian Ballroom C	Allegheny Ballroom A	Allegheny Ballroom B	Allegheny Ballroom C
7 p.m. to 7:15 p.m.	Opening General Session						
7:30 p.m. to 9 p.m.		Faith Over Fear: A Family's Journey Through the	Engaging Activities for Middle School FCS	Reading in the Content Area	Video Clips in the Content Area		

SUNDAY, JULY 16, 2023

Session #1

6:30 p.m. to 7:15 p.m.


Conference Pre-Function Area

Session Title: **Book Signing with Danielle Dreilinger**

Evaluate Sessions & Log Attendance as You Go

At the conclusion of each session, your room facilitator will provide an attendance code. This code is used to track your Professional Development Hours.

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval



Session #2

7 p.m. to 7:15 p.m.

Shenandoah Ballroom

Session Title: **Opening General Session**

Sponsors:



Session #3

7:30 p.m. to 9 p.m.

Appalachian Ballroom A

Session Title: **Faith Over Fear: A Family's Journey Through the Maze of Mental Illness**

Session: Description: Author Marcie Jones shares her family's story about mental illness, what it looks like for them, and how they cope with it. Marcie Jones is a wife, mother, grandmother, and homeschool teacher. She has been an FCS teacher for over thirty years in public, private, and home school settings.

Career Clusters Represented:



Presenter: Marcie Jones, *Author, Shattering*

Session #4

7:30 p.m. to 9 p.m.

Appalachian Ballroom B

Session Title: **Engaging Activities for Middle School FCS**

Session Description: Presenter will share assignments and project ideas used to teach each topic area of the middle school competency list. A link to a Google Drive folder with resources will be shared with participants. There will be time for participants to collaborate and share some of their favorite activities and projects as well.

Career Clusters Represented:



Presenter: Megan Hughes, *Stone Hill Middle School, Loudoun County Public Schools*

Session #5

7:30 p.m. to 9 p.m.

Appalachian Ballroom C

Session Title: **Reading in the Content Area**

Session Description: Presenters will share literature to reinforce competencies taught in the classroom.

Career Clusters Represented:



Presenters: Katharine Jackson, *Hylton High School, Prince William County Public Schools* and Kimberly Wilson, *Alexandria City High School, Alexandria City Public Schools*

Session #6

7:30 p.m. to 9 p.m.

Allegheny Ballroom A

Session Title: **Video Clips in the Content Area**

Session Description: Presenter will share strategies to integrate video clips that reinforce competencies taught in the classroom.

Career Clusters Represented:



Presenter: Susan von Schaack, *Retired FCS Teacher, Fairfax County Public Schools*

Monday, July 17, 2023 – Day-at-a-Glance

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval

Conference Registration – Conference Center Pre-Function Area 7:00 a.m. to 4:30 p.m.

Time	Shenandoah Ballroom	Appalachian Ballroom A	Appalachian Ballroom B	Appalachian Ballroom C	Allegheny Ballroom A	Allegheny Ballroom B	Allegheny Ballroom C
7 a.m. to 8 a.m.	Breakfast & CTSO Updates						
8:15 a.m. to 9:15 a.m.		Teaching Whole Child Through Organic Teaching	“Bee” the Most Updated FCCLA Adviser	Two Weeks of Mystery and Intrigue	Starships at GMU: How Autonomous Food Delivery Can Support FCS Student Learning		
9:30 a.m. to 10:30 a.m.		Teaching Whole Child Through Organic Teaching	Paths to Licensure in FCS at Virginia Tech	Juggling Chickens	How to Research the Past and Bring Real People to Life	Food Sciences and the Senses	Importance of the Hive: Understanding Perception of FCS to Promote your Program
10:45 a.m. to 11:45 a.m.		Measure Success . . . Maximize Results with Student Credentials	Successful Collaborations with Special Education: A Partnership for Student Success	Bee-dy Neuron Throwdown		Chemistry and Physics of Gummy Bears	Quilting Can Bee-nifit Math Skills
12 p.m. to 1:30 p.m.	Luncheon with Keynote Diane Dreilinger						
1:45 p.m. to 2:45 p.m.		Hand Sewing Basics- Upcycled T-shirt Tote Bag	Successful Collaborations with Special Education: A Partnership for Student Success	Farm to Table to Classroom - Incorporating Agriculture Literacy with FCS	What’s Cooking Beyond the Restaurant Kitchen: Culinary &	Who – What – Where – How - Learn: CTE HQWBL Experiences for Family	From the Garden to the Kitchen: Fruit and Veggie Resources for the Classroom
3 p.m. to 4 p.m.		Hand Sewing Basics- Upcycled T-shirt Tote Bag	What’s the “Buzz” with STAR Event Details? FCCLA	ECOLAB Overview Sales/Marketing Career Opportunities in the Hospitality Industry	Leaving the Hive - The Importance of Field Trips in FCS	Apprenticeable Occupations within Family and Consumer Sciences	From the Garden to the Kitchen: Fruit and Veggie Resources for the Classroom
4:30 p.m. to 6:30 p.m.	Virginia Quilt Museum Tour (Pre-registration Required)						
4:30 p.m. to 6:30 p.m.	Pale Ale Fire Brewing Tour (Pre-registration Required)						

MONDAY, JULY 17, 2023

Session #7

7 a.m. to 8 a.m.

Shenandoah Ballroom

Session Title: **Breakfast and CTSO Updates**

Evaluate Sessions & Log Attendance as You Go

At the conclusion of each session, your room facilitator will provide an attendance code. This code is used to track your Professional Development Hours.

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval



Session Description: A continental breakfast will be served from 7:00 a.m. to 7:50 a.m. Virginia FCCLA and Educators Rising CTSO Updates will begin at 7:15 a.m. All institute attendees should attend this session.

Career Cluster Represented:



Presenters: Diane Breinig, *Briar Woods High School, Loudoun County Public Schools* and Heather M. Jones, *FCS & Related Clusters Specialist, Virginia Department of Education*

Session #8

8:15 a.m. to 9:15 a.m.

Appalachian Ballroom A

Session Title: **Teaching Whole Child through Organic Teaching Opportunities with EVERFI**

Session Description: What skills, qualities, and attributes would you like your students to possess at age 25? During this session, educators will discuss core competencies, challenges, and solutions for implementing whole-child strategies within their classroom and school. Educators will learn how to support students to ensure our students are healthy, feel safe, challenged, engaged, and supported from K to 12. Through organic teaching opportunities, educators will learn best practices for sustainable learning objectives and take-home digital and offline resources to use tomorrow. All EVERFI digital lessons and offline materials are free-of-cost, standards-aligned, and can be used with unlimited student licenses. Session attendees will also meet with their local EVERFI support person to receive personalized assistance.

Career Cluster Represented:



Presenter: *Erin Dlott, EVERFI*

Session #9

8:15 a.m. to 9:15 a.m.

Appalachian Ballroom B

Session Title: **“Bee” the Most Updated FCCLA Adviser**

Session Description: Stay up to date on state and national actions, programs and announcements. A great time to learn, ask questions, share success stories and get ready for the Ultimate Journey in 2024 school year. This session reminds participants of the value of FCCLA in the FCS curriculum regardless of years of experience or focus of the class.

Career Cluster Represented:



Presenters: Connie Rhoton and Kathleen Buchanan, *Virginia FCCLA State Staff and 2023-2024 State Executive Council*

Session #10

8:15 a.m. to 9:15 a.m.

Appalachian Ballroom C

Session Title: **Two Weeks of Mystery and Intrigue**

Session Description: We're going to have a BLASTocyst discovering and describing the Germinal Stage of pregnancy. This hands-on workshop will be a sweet time becoming familiar with anatomy, timeline, and vocabulary. Prepare to get a little messy!

Career Clusters
Represented:



Presenter: Elaine Lombardi, *Renaissance Academy, Virginia Beach City Public Schools*

Session #11

8:15 a.m. to 9:15 a.m.

Allegheny Ballroom A

Session Title: **Starships at JMU: How Autonomous Food Delivery Can Support FACS Student Learning**

Session Description: Learn more from the James Madison University (JMU) faculty and staff that support the Starship Food Delivery Robot used on campus by JMU Dining (Aramark). This session will include a demonstration of the Starship Food Delivery Robot and highlights of relevance to FCS teachers and practitioners, specifically with regards to industry credential requirement, NACE's Technology and Critical Thinking Career Readiness Competencies, and Cybersecurity in FCS.

Career Cluster
Represented:



Presenter: Adam Mayers, *Training Coordinator, JMU Dining (Aramark)*

Session #12

9:30 a.m. to 10:30 a.m.

Appalachian Ballroom A

Session Title: **Teaching Whole Child through Organic Teaching Opportunities with EVERFI**

Session Description: What skills, qualities, and attributes would you like your students to possess at age 25? During this session, educators will discuss core competencies, challenges, and solutions for implementing whole-child strategies within their classroom and school. Educators will learn how to support students to ensure our students are healthy, feel safe, challenged, engaged, and supported from K to 12. Through organic teaching opportunities, educators will learn best practices for sustainable learning objectives and take-home digital and offline resources to use tomorrow. All EVERFI digital lessons and offline materials are free-of-cost, standards-aligned, and can be used with unlimited student licenses. Session attendees will also meet with their local EVERFI support person to receive personalized assistance.

Career Cluster
Represented:



Presenter: Erin Dlott, *EVERFI*

Session #13

9:30 a.m. to 10:30 a.m.

Appalachian Ballroom B

Session Title: **Paths to Licensure in FCS at Virginia Tech**

Session Description: Faculty from the Virginia Tech School of Education CTE program will provide details on the three paths to licensure in FCS at VT (undergraduate, accelerated MS, and the online MS for provisionally licensed teachers). We will detail the new undergraduate degree in CTE with teacher licensure, concentration in FCS. There will be time for questions and answer and suggestions from key stakeholders.

Career Cluster
Represented:



Presenter: Dr. Natalie Ferand, *School of Education, Virginia Tech*

Session #14

9:30 a.m. to 10:30 a.m.

Appalachian Ballroom C

Session Title: **Juggling Chickens**

Session Description: Got too much on your plate? This active make-and-take workshop takes a lighthearted look at the juggling act we perform every day in the circus of our lives. Learn how to make a palm-sized chicken using a sewing machine or by hand. Bonus: you get to take home your very own chicken!

Career Cluster
Represented:



Presenter: Elaine Lombardi, *Renaissance Academy, Virginia Beach City Public Schools*

Session #15

9:30 a.m. to 10:30 a.m.

Allegheny Ballroom A

Session Title: **How to Research the Past and Bring Real People to Life**

Session Description: *The Secret History of Home Economics* covers almost 200 years. Author Danielle Dreilinger demonstrates some of the tools and databases she used to find those facts and stories. Learn how you and your students can mine history (beyond Ancestry!) to research home economics or anything else you want. Sort of a "how I did it" session, and I'll bring my copies of the J.C. Penney home economics magazine. I think that's what I can talk about that will be the most interesting and useful to teachers.

Career Cluster
Represented:



Presenter: Danielle Dreilinger, *Journalist and Author, The Secret History of Home Economics*

Session #16

9:30 a.m. to 10:30 a.m.

Allegheny Ballroom B

Session Title: **Food Sciences and the Senses**

Session Description: Active demonstrations using PROP strips (supertaster test), jellybean test (nose pinch), Other demonstrations will include the production and preservation of berry jam. *Please note this session is limited to 25 people – arrive early if you want to attend!*

Career Cluster
Represented:



Presenter: Melissa Martin, *Giles High School, Giles County Public Schools*

Session #17

9:30 a.m. to 10:30 a.m.

Allegheny Ballroom C

Session Title: **Importance of the Hive: Understanding Perception of FCS to Promote Your Program**

Session Description: Learn about the results of an FCS perception study completed during 2022. School administrators and counselors in Virginia were surveyed to learn how they perceive the value of Family and Consumer Sciences (FCS) curriculum. Come learn more strategies to help communicate what FCS is and is not.

Career Cluster
Represented:



Presenters: Dr. Amber Tiernan, *Patriot High School, Prince William County Public Schools*

Session #18

10:45 a.m. to 11:45 a.m.

Appalachian Ballroom A

Session Title: **Measure Success...Maximize Results with Student Credentials**

Session Description: Learn more about offering AAFCS industry credentials, marketing these to stakeholders, and maximizing the results and data for advocacy at the local, state, and national levels. Details on the new credential for Leadership Essentials will be shared. Don't miss this opportunity to ensure that your FCS program and students are ready for SUCCESS!

Career Cluster
Represented:



Presenter: Helen Fuqua, *AAFCS Associate Director, Credentialing Programs*

Session #19

10:45 a.m. to 11:45 a.m.

Appalachian Ballroom B

Session Title: **Successful Collaborations with Special Education: A Partnership for Student Success**

Session Description: Did you know the number of students with disabilities enrolled in CTE coursework has increased by 73% in the past 10 years? To better address the needs of their students with disabilities, this presentation seeks to provide FACS teachers with strategies and tools to work with students with disabilities through successful collaborative partnerships with special educators. Participants will learn how to; effectively collaborate with special education case managers, provide accommodations and modifications that address student needs and support the learning environment, and share vital information as part of the IEP team. Teachers will leave this session with ideas and innovations to expand their toolbox.

Career Cluster
Represented:



Presenter: Kendel St. John, *Transition Training Associate, Center on Transition Innovations at VCU*

Session #20

10:45 a.m. to 11:45 a.m.

Appalachian Ballroom C

Session Title: **Bee-dy Neuron Throwdown**

Session Description: Attendees will make bead neuron keychains and use them as models to understand the specialized cellular structure and function of neurons and how neurons communicate with each other. Once several neurons have been completed, they can be used to create a variety of circuits which attendees can then describe and use to trace the flow of neural messages.

Career Clusters
Represented:



Presenter: Elaine Lombardi, *Renaissance Academy, Virginia Beach City Public Schools*

Session #21

10:45 a.m. to 11:45 a.m.

Allegheny Ballroom B

Session Title: **Chemistry and Physics of Gummy Bears**

Session Description: What do gummy bears and rubber have in common? How can you relate chemistry and physics to making gummy bears? This session will show you how to relate gummy bears to science and teach you how to make them in the classroom with your students. *Please note this session is limited to 25 people – arrive early if you want to attend!*

Career Clusters
Represented:



Presenters: Melissa Martin, *Giles High School, Giles County Public Schools*

Session #22

10:45 a.m. to 11:45 a.m.

Allegheny Ballroom C

Session Title: **Quilting Can Bee-nifit Math Skills**

Session Description: Join Alicia Thomas, Executive Director of the Virginia Quilt Museum for a presentation on the history of quilting and how math skills are used in quilting. Alicia will showcase a selection of quilts that highlight the history of quilting in Virginia and how quilting has evolved since the early 1800s. Additionally, she will delve into some of the ways that math is used in quilting, from figuring out how much fabric you need to purchase to using the golden ratio to determine how wide your borders should be.

Career Clusters

Represented:



Presenter: Alicia Thomas, *Executive Director*

Session #23 General Session

12:00 p.m. to 1:30 p.m.

Shenandoah Ballroom

Session Title: **Luncheon General Session & Keynote**

Keynote Speaker: Danielle Dreilinger, *Journalist and Author*

Session Description: *The Secret History of Home Economics: How Trailblazing Women Harnessed the Power of Home and Changed the Way We Live*



Career Clusters

Represented:



Session #24

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom A

Session Title: **Hand Sewing Basics- Upcycled T-shirt Tote Bag**

Session Description: Tired of too many t-shirts in the hive? Join our sewing bee! This session will focus on practical hand sewing skills and upcycling textiles for middle school students. Although this will be focused on the Upcycled T-shirt Tote Bag project, we will also briefly discuss other projects done with middle school worker bees. This session is intended for middle school teachers, but all are welcome to adapt for any grade level. You will leave this session with an understanding of upcycled projects and a practical (easy) approach to teaching middle schoolers sewing. This is a good project for people hand sewing for the first time. Although this project is intended for hand sewing, it can be easily adapted for the sewing machine. We will be going over running stitch, whip stitch (overcast stitch), and marking skills. If time and space permits, we will start the Upcycled T-shirt Tote Bag project together. Please bring a t-shirt to cup up if you are interested in sewing. Donations of extra shab-bee t-shirts are always welcome. Free-bee directions/handouts will be given.

Career Clusters
Represented:



Presenter: Sarah Ummen, *Poe Middle School, Fairfax County Public Schools*

Session #25

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom B

Session Title: **Successful Collaborations with Special Education: A Partnership for Student Success**

Session Description: Did you know the number of students with disabilities enrolled in CTE coursework has increased by 73% in the past 10 years? To better address the needs of their students with disabilities, this presentation seeks to provide FACS teachers with strategies and tools to work with students with disabilities through successful collaborative partnerships with special educators. Participants will learn how to; effectively collaborate with special education case managers, provide accommodations and modifications that address student needs and support the learning environment, and share vital information as part of the IEP team. Teachers will leave this session with ideas and innovations to expand their toolbox.

Career Cluster
Represented:



Presenter: Kendel St. John, *Transition Training Associate, Center on Transition Innovations at VCU*

Session #26

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom C

Session Title: **Farm to Table to Classroom - Incorporating Agriculture Literacy with FACS**

Session Description: Join Virginia Agriculture in the Classroom as we share fun and engaging hands-on activities that help explain the role of agriculture in your students' everyday lives- to the food they eat to the clothes they wear. Learn how to access free AITC lessons that incorporate agriculture with topics such as nutrition, technology, careers, and more. In addition, we will be sharing how to apply for free AITC classroom resources, classroom grants, and more.

Career Clusters
Represented:



Presenter: Abby Cheng, *Program Coordinator, Virginia Agriculture in the Classroom*

Session #27

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom A

Session Title: **What's Cooking Beyond the Restaurant Kitchen: Culinary and Food Science Career Options**

Session Description: Do you have students in your culinary program who love to cook or bake but don't want to work in a restaurant? Come learn about culinary science and food science, and how those degrees can set your students up for a career in product development at major food companies around the world!

Career Clusters
Represented:



Presenter: Sarah Ellington, *Product Development Manager, Sabra Dipping Company*

Session #28

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom B

Session Title: **Who – What – Where – How - Learn: CTE HQWBL Experiences for Family and Consumer Sciences**

Session Description: Career and Technical Education (CTE) High-Quality Work-Based Learning (HQWBL) experiences are for everyone, right? But who can offer CTE HQWBL experiences? What types of CTE HQWBL experiences are available to Family and Consumer Sciences (FACS) students? Where can your students participate in CTE HQWBL experiences? How do you connect with businesses to forge these relationships? Learn how to connect all FACS classes to CTE HQWBL experiences in ways that you might not have considered previously – regardless of your location in Virginia. If you are searching for answers to any of these questions; want to bring up additional questions; or share CTE HQWBL ideas that work in your division -- this session is for you!

Career Cluster
Represented:



Presenters: Amy Pultz, *Regional Work-Based Learning Specialist, Virginia Department of Education*, and Dr. Tammy Hurt, *Regional Work-Based Learning Specialist, Virginia Department of Education*

Session #29

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom C

Session Title: From the Garden to the Kitchen: Fruit and Veggie Resources for the Classroom

Session Description: Join Virginia Cooperative Extension to learn the latest on nutrition and food safety for teens, along with ideas to engage students through hands-on fruit and vegetable preparation. With or without a school garden, your classroom can open a world of enjoyment for your students. And learn how to partner with your local Extension agent to bring free cooking and nutrition lesson plans to your classroom.

Career Clusters
Represented:



Presenter: Kathryn Strong, *Extension Agent, Virginia Cooperative Extension*

Session #30

3:00 p.m. to 4:00 p.m.

Appalachian Ballroom A

Session Title: Hand Sewing Basics- Upcycled T-shirt Tote Bag

Session Description: Tired of too many t-shirts in the hive? Join our sewing bee! This session will focus on practical hand sewing skills and upcycling textiles for middle school students. Although this will be focused on the Upcycled T-shirt Tote Bag project, we will also briefly discuss other projects done with middle school worker bees. This session is intended for middle school teachers, but all are welcome to adapt for any grade level. You will leave this session with an understanding of upcycled projects and a practical (easy) approach to teaching middle schoolers sewing. This is a good project for people hand sewing for the first time. Although this project is intended for hand sewing, it can be easily adapted for the sewing machine. We will be going over running stitch, whip stitch (overcast stitch), and marking skills. If time and space permits, we will start the Upcycled T-shirt Tote Bag project together. Please bring a t-shirt to cup up if you are interested in sewing. Donations of extra shab-bee t-shirts are always welcome. Free-bee directions/handouts will be given.

Career Cluster
Represented:



Presenter: Sarah Ummen, *Poe Middle School, Fairfax County Public Schools*

Session #31

3:00 p.m. to 4:00 p.m.

Appalachian Ballroom B

Session Title: **What's the "Buzz" with Star Event Details? FCCLA**

Session Description: The FCS teacher/FCCLA adviser can best guide members in preparation for STAR Events by understanding the additional documentations. Explore terminology and guidelines as needed to score well with the rubrics, planning process, online submission form and point summary sheet. From Leadership to Chapter Review to Interpersonal Communication to Culinary to Sustainability to Career Focus and more topics invite members to present in STAR Events.

Career Cluster

Represented:



Presenters: Connie Rhoton and Kathleen Buchanan, *Virginia FCCLA State Staff and 2023-2024 State Executive Council*

Session #32

3:00 p.m. to 4:00 p.m.

Appalachian Ballroom C

Session Title: **Ecolab Overview- Sales/Marketing Career Opportunities in the Hospitality Industry**

Session Description: The objective of the presentation is to show the value and expand the mindset of teachers and students of non-operating career paths within the hospitality industry. The benefit of the presentation is to show the audience that there are many different career paths within the industry outside of a traditional operator role.

Career Clusters

Represented:



Presenters: Robert Ellis, *Ecolab* and Sam Graham, *Ecolab*

Session #33

3:00 p.m. to 4:00 p.m.

Allegheny Ballroom A

Session Title: **Leaving the Hive - The Importance of Field Trips in FCS**

Session Description: Nothing gets students buzzed about learning more than leaving their hive! Come to this buzz-worthy session on how to get your students out into the community to learn more about the Family and Consumer Sciences field, gain hands-on experiences, and see what our career fields have to offer. Leave with ideas of where to fly with your colony this year and how to convince your administration to send you out for these amazing experiences. You'll have a honey of a time!"

Career Cluster

Represented:



Presenters: Kate Gozzard, *Greene County Technical Education Center, Greene County Public Schools* and Jim Wilson, *Vice President of Education & Workforce Development, Virginia Restaurant, Lodging, Travel Association*

Session #34

3:00 p.m. to 4:00 p.m.

Allegheny Ballroom B

Session Title: **Apprenticeable Occupations within Family and Consumer Sciences**

Session Description: Have you considered the benefits of including apprenticeship opportunities within your Family and Consumer Sciences (FACS) program? Learn how Career and Technical Education (CTE) High-Quality Work-Based Learning (HQWBL) can expand opportunities for FACS students both inside and outside the school setting, how your school can become an employer sponsor and the difference between Youth Registered Apprenticeship (YRA) and Registered Apprenticeship (RA).

Career Cluster
Represented:



Presenters: Amy Pultz, *Regional Work-Based Learning Specialist, Virginia Department of Education*, and Dr. Tammy Hurt, *Regional Work-Based Learning Specialist, Virginia Department of Education*

Session #35

3:00 p.m. to 4:00 p.m.

Allegheny Ballroom C

Session Title: **From the Garden to the Kitchen: Fruit and Veggie Resources for the Classroom**

Session Description: Join Virginia Cooperative Extension to learn the latest on nutrition and food safety for teens, along with ideas to engage students through hands-on fruit and vegetable preparation. With or without a school garden, your classroom can open a world of enjoyment for your students. And learn how to partner with your local Extension agent to bring free cooking and nutrition lesson plans to your classroom.

Career Clusters
Represented:



Presenter: Kathryn Strong, *Extension Agent, Virginia Cooperative Extension*

Session #36

4:30 p.m. to 6:30 p.m.

Off-site

Session Title: **VA Quilt Museum Scavenger Hunt, Saga Meade sampling and savory snacks**

Please note this is a ticketed event that requires pre-registration.

Session #37

4:30 p.m. to 6:30 p.m.

Off-site

Session Title: **Brewing Ed-venture at Pale Fire Brewing**

Please note this is a ticketed event that requires pre-registration.

Tuesday, July 18, 2023 – Day-at-a-Glance

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval

**Conference Registration – Conference Center Pre-Function Area
7:00 a.m. to 12:00 p.m.**

Time	Shenandoah Ballroom	Appalachian Ballroom A	Appalachian Ballroom B	Appalachian Ballroom C	Allegheny Ballroom A	Allegheny Ballroom B	Allegheny Ballroom C
7 a.m. to 8:15 a.m.	Breakfast 7:00 a.m. – 7:50 a.m. 7:30 a.m. to 8:15 a.m. VDOE Update						
8:30 a.m. to 9:30 a.m.			Fire Safety Update (8:30 a.m. to 10am)	VTfT I Update	AAFCS Broad Field Exam	WISE Testing	
9:40 a.m. to 10:40 a.m.		CPR/First Aid/AED Training		VTfT II Update	AAFCS Broad Field Exam	Take Charge of Teaching Personal Finance	
10:50 a.m. to 11:50 a.m.				Why Meaningful Conversations Matter	AAFCS Broad Field Exam	Take Charge of Teaching Personal Finance	
12 p.m. to 1:30 p.m.	Luncheon with Keynote Chase Mielke						
1:45 p.m. to 2:45 p.m.		The "E" in NDEI	Utilizing iCEV in the FCS Classroom	Cultivating a Gratitude Attitude	Simplifying Sweet Success: Elevating Cake Decorating Skills using Ready-Made Icing	An Insight into JMU's Undergraduate Admissions & Transfer Process	Embrace Your Greatness
1:45 p.m. to 2:45 p.m.	Front of House – Back of House Tour of the Hotel Madison Meet in Conference Center Pre-Function Area Culinary Instructors Only						
3 p.m. to 4 p.m.		Queen Bee Looks at Families First FCCLA	Utilizing iCEV in the FCS Classroom	Explore.Act.Tell Program & Student Challenge	Simplifying Sweet Success: Elevating Cake Decorating Skills using Ready-Made Icing		Unlock Your Greatness with an Ecosystem

TUESDAY, JULY 18, 2023

Registration

7:00 a.m. to 12:00 p.m.

**Conference Center
Pre-Function Area**

Evaluate Sessions & Log Attendance as You Go

At the conclusion of each session, your room facilitator will provide an attendance code. This code is used to track your Professional Development Hours.

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval



Session #38 General Session

Shenandoah Ballroom

7:00 a.m. to 8:15 a.m.

Session Title: **Virginia Department of Education (VDOE) Update**

A continental breakfast will be served from 7:00 a.m. to 7:50 a.m. The Virginia Department of Education Update will begin at 7:30 a.m.

Session Description: This session provides current information regarding Virginia's family and consumer sciences curriculum and policies affecting programs. All institute attendees should attend this session.

Career Cluster Represented:



Presenter: Heather M. Jones, *FCS & Related Clusters Specialist, Virginia Department of Education*

Session #39

8:30 a.m. to 10:00 a.m.

Appalachian Ballroom B

Session Title: **Fire Safety Update**

Session Description: Join members of the City of Harrisonburg Fire Department for an interactive fire safety update for laboratory (residential and commercial) and home spaces. Learn how to keep your workspaces safe and empower your students to do the same in their own homes.

Career Cluster
Represented:



Presenter: Lt. Erin Stehle, *Safe Kids Coordinator, City of Harrisonburg Fire Department*

Session #40

8:30 a.m. to 9:30 a.m.

Appalachian Ballroom C

Session Title: **Virginia Teachers for Tomorrow I and Teacher Cadet Update**

Session Description: This session is designed for teachers who are teaching Virginia Teachers for Tomorrow (VTfT) and have been trained in the Teacher Cadet 11th Edition Curriculum. An update of resources available will be shared and teachers will have the opportunity to share their best practices.

Career Cluster
Represented:



Presenters: Diane Breinig, FCS Teacher, *Loudoun County Public Schools*, and Dr. Amber Tiernan, *Prince William County Public Schools*

Session #41

8:30 a.m. to 12 p.m.

Allegheny Ballroom A

Session Title: **AAFCS Broad Field FCS Assessment for Virginia FCS Educators (Pre-Registration Required)**

Session Description: Virginia has received special permission from AAFCS to administer the Broad Field Family and Consumer Sciences assessment to family and consumer sciences teachers and candidates once a year at the VATFACS Professional Development Institute. Teachers may register for the assessment on the institute registration form. Special Note: If you are scheduled for the AAFCS assessment, you will receive your testing ID # when you pick up your registration materials. You will not be allowed into the testing site without your assigned ID #.

Teachers should note that if they miss their scheduled test, they do forfeit their testing fee and would be required to pay another testing fee to secure another registration/administration opportunity in the summer of 2024 during VATFACS PDI. Note: *Testing session is limited to 10 participants.*

Career Clusters
Represented:



Presenter: Helen G. Fuqua, *AAFCS Associate Director, Credentialing Programs*

Session #42

8:30 a.m. to 9:30 a.m.

Allegheny Ballroom B

Session Title: **W!se Testing (Pre-Registration Required)**

Session Description: Virginia teachers may take the W!se test. This is one of the Virginia Board of Education-approved credentials for family and consumer sciences teachers in Virginia. Note: *Testing session is limited to 10 participants.*

Career Clusters
Represented:



Presenter: *Working in Support of Education (W!Se)*

Session #43

9:40 a.m. to 10:40 a.m.

Appalachian Ballroom A

Session Title: **Adult/ Pediatric CPR First Aid AED Blended Learning Class (Pre-registration required)**

Session Description: Adult/Pediatric CPR First Aid AED is a blended learning course that consists of self-paced online modules along with a hands-on, in-person skills session conducted at the VATFACS conference. All participants interested in this certification must complete the online modules and bring the skills session ticket with them to the hands-on class prior to Tuesday, July 18th. All online instruction MUST be completed PRIOR to skill demonstration.

Note: Each in-person skills session is limited to 10 participants. Those registered for these sessions will receive an assigned report time for the skills demonstration.

Career Clusters
Represented:



Presenter: Erin Clampitt, *American Red Cross Instructor, Erin Clampitt, LLC*

Session #44

9:40 a.m. to 10:40 a.m.

Appalachian Ballroom C

Session Title: **Virginia Teachers for Tomorrow II Curriculum**

Session Description: This session will share information on additional resources and structure developed for the second-year program. Participants will have the opportunity to share resources and ideas.

Career Clusters
Represented:



Presenters: Diane Breinig, *Briar Woods High School, Loudoun County Public Schools*, Dr. Amber Tiernan, *Patriot High School, Prince William County Public Schools*, and Kimberly Wilson, *Alexandria City High School, Alexandria City Public Schools*

Session #45

9:40 a.m. to 10:40 a.m.

Allegheny Ballroom B

Session Title: **Take Charge of Teaching Personal Finance**

Session Description: Join Take Charge Today (TCT), a free personal finance curriculum, to discover engaging activities to introduce students to wellness and well-being, budgeting, and career exploration. Written by educators, for educators, TCT's lessons are activity based, ready-to-teach and have been developed from educators' insights on best practices.

Career Clusters
Represented:



Presenter: Lisa Bender, *Take Charge Today*

Session #46

10:50 a.m. to 11:50 a.m.

Appalachian Ballroom C

Session Title: **Why Meaningful Conversations Matter**

Session Description: Go to any airport, any bus station, any place where people are gathered and you'll see people glued to their phones – staring at screens, rather than connecting with neighbors. We might have a higher *number* of connections through technology, but the *depth* of our connections is suffering. In this highly-interactive workshop, Chase helps participants learn the science and importance of deeper conversation. He provides strategies that educators can use to foster more meaningful conversation in their personal lives as well as in the classrooms to build student cohesion.

Career Clusters Represented:



Presenter: Chase Mielke, *Author, Speaker, Well-Being Expert, Affective Living*

Session #47

10:50 a.m. to 11:50 a.m.

Allegheny Ballroom B

Session Title: **Take Charge of Teaching Personal Finance**

Session Description: Join Take Charge Today (TCT), a free personal finance curriculum, to discover engaging activities to introduce students to wellness and well-being, budgeting, and career exploration. Written by educators, for educators, TCT's lessons are activity based, ready-to-teach and have been developed from educators' insights on best practices.

Career Clusters Represented:



Presenters: Lisa Bender, *Take Charge Today*

Session #46 General Session

12 p.m. to 1:30 p.m.

Shenandoah Ballroom



Session Title: **Luncheon General Session & Keynote**

Keynote Speaker: Chase Mielke, *Author, Speaker, Well-Being Expert, Affective Living*

Session Description: *REIGNITE: Avoid Burnout, Increase Outcomes, and Learn to Love Education Again.* In this engaging, humorous, and heartfelt talk, Chase shares his experience as a veteran educator and provides key insights on how the science of small, positive moments creates thriving adults, learners, and communities. You will be empowered to take care of yourself, so you can better take care of the young adults who need you.

Career Clusters
Represented:



Session #47

2:15 p.m. to 2:45 p.m.

Appalachian Ballroom A

Session Title: **The 'E' in DEI - Why it Matters**

Session Description: This topic will allow participants in leadership roles to identify and reflect on one's interpretation of the 'E' in DEI. We will explore the impact of not differentiating between the meanings and applications.

Career Cluster
Represented:



Presenter: Dr. Christine Fuselier, *Bryant Stratton College*

Session #48

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom B

Session Title: **Utilizing iCEV in the FCS Classroom**

Session Description: In this session, participants will learn how iCEV can support instructional objectives in a project-based classroom. Student engagement will be a focus in this session. After attendance at this session, participants will be provided a FREE (no obligation) account for one month to evaluate the instructional resources available through iCEV.

Career Cluster
Represented:



Presenters: Amy Lamb, *Curriculum Consultant, iCEV* and Lisa Barnett, *Territory Manager, iCEV*

Session #49

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom C

Session Title: Cultivating a Gratitude Attitude

Session Description: Gratitude is one of the most robustly supported strategies for boosting well-being. A powerhouse move, gratitude allows us to develop more positive awareness, attitude, and actions for not only improving our happiness and purpose but also improving the lives of those around us. In this workshop, we will look at the key science of gratitude and multiple strategies for making gratitude a habit of our minds and our cultures.

Career Clusters Represented:



Presenter: Chase Mielke, *Author, Speaker, Well-Being Expert, Affective Living*

Session #50

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom A

Session Title: Simplifying Sweet Success: Elevating Cake Decorating Skills using Ready-Made Icing

Session Description: Join our engaging session, "Enhancing Cake Decoration Skills: Why Store-Bought Icing is Ideal for Teaching Students," designed for teachers and culinarians in CTE programs. Discover the benefits of using store-bought icing alternatives over scratch-made creams. Our objective is to highlight the importance of sustainability, ease of use and clean-up, product availability, consistency, and industry familiarity when teaching cake decoration. Explore how ready-made icing reduces waste, simplifies preparation, and allows students to focus on honing their decorating techniques. Experience the convenience and consistency of pre-made icing, providing students with a realistic glimpse into the industry's practices. Unleash your students' creativity while streamlining your teaching process with store-bought icing. Don't miss this opportunity to enhance your culinary curriculum!

Career Clusters Represented:



Presenter: Francis Barnett, *Johnson & Wales University*

Session #51

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom B

Session Title: **An Insight into JMU's Undergraduate Admissions & Transfer Process**

Session Description: Learn what makes a student a competitive candidate in James Madison University's undergraduate and transfer admissions process and what the Hart School of Hospitality, Sport & Recreation Management has to offer. Hosted by the Office of Admissions, this session is open to all and should not to be missed!

Career Cluster
Represented:



Presenters: Lauren Wholihan Gardner, *Professional Development & Employer Engagement Coordinator for JMU's Hart School of Hospitality, Sport & Recreation Management* and Chris Gothard, *Senior Assistant Director for JMU's Office of Undergraduate Admissions*

Session #52

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom C

Session Title: **Embrace Your Greatness: Intentional Presence for a Transformative Impact**

Session Description: Have you ever thought about the impact your presence has when you enter a room? From classrooms to meeting rooms, your presence can be a game-changer and has the ability to transform an ordinary experience into something extraordinary. But how do you show up - are you just 'obvious' or 'truly observable'? And what does that even mean? Let's dive in and explore how being in the room can elevate your game and help you be the best version of yourself.

Career Cluster
Represented:



Presenter: Dr. Cynthia R. Tyler, *Dr. Cynthia R. Tyler Enterprises*

Session #53

1:45 p.m. to 2:45 p.m.

Conference Center Pre-Function Area

Session Title: **Front-of-House/Back-of-House Tour of Hotel Madison**

Session Description: Tour of the Hotel Madison operations both front of house and back of house. Meet in the Conference Center Pre-Function Area to begin the tour. Pre-registration required.

Career Clusters
Represented:



Presenters: Hotel Madison Staff

Session #54

3 p.m. to 4 p.m.

Appalachian Ballroom A

Session Title: **The Queen Bee Looks at Families First FCCLA**

Session Description: The national program, Families First, was recently revised to meet the needs of today's families while offering support and tips for peer education. A newly released program flash drive provides FCS teachers with lesson plans and numerous classroom resources while providing chapter members activities for meetings and projects. There are correlations to FCS standards and tips for relating to competitive events and other FCCLA programs.

Career Cluster

Represented:



Presenters: Connie Rhoton and Kathleen Buchanan, *Virginia FCCLA State Staff and 2023-2024 State Executive Council*

Session #55

3 p.m. to 4 p.m.

Appalachian Ballroom B

Session Title: **Utilizing iCEV in the FCS Classroom**

Session Description: In this session, participants will learn how iCEV can support instructional objectives in a project-based classroom. Student engagement will be a focus in this session. After attendance at this session, participants will be provided a FREE (no obligation) account for one month to evaluate the instructional resources available through iCEV.

Career Cluster

Represented:



Presenters: Amy Lamb, *Curriculum Consultant, iCEV* and Lisa Barnett, *Territory Manager, iCEV*

Session #56

3 p.m. to 4 p.m.

Appalachian Ballroom C

Session Title: **Explore. Act. Tell. Program & Student Challenge**

Session Description: The Explore.Act.Tell Program is a FREE program (funded by Safeway & Balducci's Stores) for students in grades 6-12 and takes students on a journey to be part of the solution to prevent hunger in your community. Students will research hunger security in their community, practice skills needed to become good citizens through a project, and advocate for community involvement and service. Plus, students can enter projects into the competition for a chance to win a grant for a charity involving hunger and food insecurity. Register at: exploreacttell.org/registration.

Career Clusters

Represented:



Presenter: Colleen McKean, *Fill Foundation*

Session #57

3 p.m. to 4 p.m.

Allegheny Ballroom A

Session Title: **Simplifying Sweet Success: Elevating Cake Decorating Skills using Ready-Made Icing**

Session Description: Join our engaging session, "Enhancing Cake Decoration Skills: Why Store-Bought Icing is Ideal for Teaching Students," designed for teachers and culinarians in CTE programs. Discover the benefits of using store-bought icing alternatives over scratch-made creams. Our objective is to highlight the importance of sustainability, ease of use and clean-up, product availability, consistency, and industry familiarity when teaching cake decoration. Explore how ready-made icing reduces waste, simplifies preparation, and allows students to focus on honing their decorating techniques. Experience the convenience and consistency of pre-made icing, providing students with a realistic glimpse into the industry's practices. Unleash your students' creativity while streamlining your teaching process with store-bought icing. Don't miss this opportunity to enhance your culinary curriculum!

Career Cluster
Represented:



Presenter: Francis Barnett, *Johnson & Wales University*

Session #58

3 p.m. to 4 p.m.

Allegheny Ballroom B

Session Title: **CTE Around the World**

Session Description: Explore how Career & Technical Education looks in other countries, specifically Zambia in Southern Africa. Recently, 12 educators from VA immersed themselves as part of a Fulbright-Hayes Scholarship to examine career preparation and work-based learning in Pre-K through adult education in the tourism capital of Zambia, Livingstone, home of the inspiring Victoria Falls. Each participant will take away a better understanding of the importance of Career and Technical Education to our global youth.

Career Cluster
Represented:



Presenter: Shannon Hunter, *Loudoun County Public Schools*

Session #59

3 p.m. to 4 p.m.

Allegheny Ballroom C

Session Title: **Unlock Your Greatness with an Ecosystem**

Session Description: Attention all teachers! You deserve to be your absolute best self, and it all starts with having a top-notch support squad in your space. Picture this: a group of people who are there to listen, support, cheer you on, lift you up, give you advice, keep you grounded, strategize with you, hold you accountable, guide you, and most importantly, make you laugh until your cheeks hurt. Do you have these amazing humans in your space? If not, it's time to start seeking them out and recognizing these people and who are already in front of you.

Career Clusters
Represented:



Presenters: Dr. Cynthia R. Tyler, *Dr. Cynthia R. Tyler Enterprises*

Do you need resources to explain FCS Education to different audiences in your community?

Visit <http://www.fcsed.net>

Wednesday, July 19, 2023 – Day-at-a-Glance

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval

Conference Registration – Conference Center Pre-Function Area 7:00 a.m. to 12:00 p.m.

Time	Shenandoah Ballroom	Appalachian Ballroom A	Appalachian Ballroom B	Appalachian Ballroom C	Allegheny Ballroom A	Allegheny Ballroom B	Allegheny Ballroom C
7 a.m. to 8:15 a.m.	Breakfast 7:00 a.m. – 7:55 a.m. VATFACS Annual Business Meeting 7:30 a.m. to 8:15 a.m.						
8 a.m. to 3:30 p.m.	Exhibitor Showcase – Conference Center Pre-Function Area						
8:30 a.m. to 10:30 a.m.			Best Practices	Best Practices	Best Practices		
9 a.m. and 10 a.m.	SYSCO Tours – Meet at Registration – Conference Center Pre-Function Area – Culinary Instructors Only						
11 a.m. to 12:15 p.m.		Awards, Scholarship & Exhibitor Luncheon					
12:30 p.m. to 1:30 p.m.		Accessing Course Frameworks Through CTE Resource Center	Successful Teachers for Tomorrow (Tft) Programs and College Partnerships	A Dozen Reasons to Include Eggs and Become an Eggs-pert			Understanding the Needs of the Aging Population
1:45 p.m. to 2:45 p.m.		How to Set Up and Run Mock Interviews with Your Students	Grow Your Own Teachers of Tomorrow with Educators Rising	Early Childhood and the Role of Teachers on Concept Development	The Honey Pot for Culinary/ Hospitality Programs in FCCLA		Changing the Face of FCS in University Education
2:45 p.m. to 3 p.m.	Refreshment Break with Exhibitors – Conference Center Pre-Function Area						
3 p.m. to 3:30 p.m.	Exhibitor Door Prizes – Conference Center Pre-Function Area Institute Certificates – Conference Center Pre-Function Area						

WEDNESDAY, JULY 19, 2023

Registration

7:00 a.m. to 12:00 p.m.

Conference Center

Pre-Function Area

Session #56 General Session

Shenandoah Ballroom

7:00 a.m. to 8:15 a.m.

Session Title: **VATFACS, Inc. Annual Business Meeting**

A continental breakfast will be served from 7:00 a.m. to 7:50 a.m. The VATFACS, Inc. Annual Business Meeting will begin at 7:30 a.m.

Session Description: The purpose of this session is to conduct the annual meeting for the Virginia Association for Teachers of Family & Consumer Sciences, Inc. (VATFACS).

Presenter: Diane Breinig, *VATFACS President, Briar Woods High School, Loudoun County Public Schools*

Evaluate Sessions & Log Attendance as You Go

At the conclusion of each session, your room facilitator will provide an attendance code. This code is used to track your Professional Development Hours.

https://www.surveymonkey.com/r/2023_PDI_Ses_Eval



VATFACS 2023 Proposed Strategic Plan

Mission of Career and Technical Education:

Provide educational leadership in developing a competitive workforce.

This mission is accomplished by rooting opportunities and providing direction to leaders and educators to develop the knowledge, skills, attitudes, and behaviors needed to:

- Provide high quality professional development by strengthening the value and consistency of managing resources for opportunities to meet the diverse needs of educators.
- Build an inclusive culture that encourages, supports, and celebrates the diversity of the CTE community developing an appreciation for human worth and personal responsibility.
- Promote high quality engagement for diverse audiences as we are committed to equity, access, inclusion, and diversity that ensure all students are positioned for career success.
- Strengthening and supporting educational leadership that will increase both member retention and member value.

The Strategic Plan focuses on 5 principles –

1. Member Value & Engagement

- A. Promote benefits of associated professional organizations.
- B. Retain members by communicating value and engaging current members.
- C. Involve members in the professional organization activities.
- D. Deliver an easy, intuitive renewal process.

2. Professional and Leadership Development

- A. Expanded delivery of professional and leadership development offerings through the institute, webinars, and increased communication.
- B. Develop and implement a plan for measuring and improving the quality of professional and leadership development offerings through needs assessments and surveys.
- C. Deliver robust professional and leadership development that addresses high-quality CTE content priorities.
- D. Increase in percent of members with a professional and leadership development experience each year.

3. Innovation

- A. Increase professional development offerings, events, and sessions that model innovative practices for members to connect with business and industry support.
- B. Expand and create more opportunities to expose members to industry trends and new technologies to connect with business and industry CTE programs.
- C. Strengthen and embed strategies for showcasing, fostering, scaling, and sustaining innovative approaches to CTE.

4. Advocacy and Awareness

- A. Increase positive perception of CTE (students, colleges, employers, partners, educators, administrators).
- B. Serve as a credible resource of information that impacts the perceived value of CTE, leverage its reputation to advocate for, and change perceptions of career and technical education in targeted audiences.
- C. Increase members' awareness and support for legislation that supports CTE at the state and national level.

5. Strategic Partnerships

- A. Strengthen the alignment branding of Family and Consumer Sciences through networking and social media.
- B. Identify and increase in new, mutually beneficial partnerships through survey criteria.
- C. Sustain, retain, and grow "key" partners.
- D. Participate in CTE Month.
- E. Expand the showcase and promotion of local and national business-education partnerships and other entities supportive of CTE.



Join a
VATFACS Committee
today!



Session #60 General Session Luncheon

11 a.m. to 12:15 p.m.

Shenandoah Ballroom

Session Title: **VATFACS, Inc. Awards, Scholarship & Exhibitor Luncheon**

Session Description: VATFACS will recognize the award and scholarship winners during the luncheon.

Career Clusters
Represented:



Sponsors:



JOHNSON & WALES
UNIVERSITY



SHENANDOAH[®]
UNIVERSITY

**Virginia Association of Teachers of Family and Consumer Sciences
Teacher of the Year**

Eligibility: Applicant must be currently employed as a full-time family and consumer sciences classroom teacher other than at the baccalaureate level. Candidate must be a member of VATFACS, Inc. To advance to the regional and national levels, candidates must meet the criteria below and demonstrate active involvement with the Career and Technical Student Organization (CTSO), FCCLA.

For advancement to regional and national levels:

- Candidate is a classroom teacher.
- Contributions and achievements on which the nomination is based should be made within the past 10 years.
- Involved in Association for Career and Technical Education activities at the regional and/or national level.
- A member of ACTE and Virginia ACTE for the past five consecutive years.
- Recognition by persons outside of family and consumer sciences will make the candidates more competitive at the regional and national level.
- Contributions to education outside of family and consumer sciences on state and national levels will be highly competitive on the national level.
- Contribution to civic and philanthropic causes may also provide a competitive edge on the national level competition.

**Virginia Association of Teachers of Family and Consumer Sciences
Outstanding New Family and Consumer Sciences Teacher of the Year**

Eligibility: Individuals who are currently employed as full-time classroom teachers in the family and consumer sciences program other than at the baccalaureate level are eligible for this award. Nominees must have taught for a minimum of three, but not more than five years and must be new to the teaching profession not just new to career and technical education. Applicants may be in their sixth year of teaching at the time of the application. The nominee should also have been involved in Association for Career and Technical Education activities at the local and/or state level and must have been a member of ACTE and Virginia ACTE for at least the past three consecutive years.

**Virginia Association of Teachers of Family and Consumer Sciences
Carl Perkins Community Service Award**

Eligibility: Individual members who are currently employed as a full-time family and consumer sciences classroom teachers are eligible recipients for the award. Nominee must still be a classroom teacher at the time of award presentation. Contributions and achievements on which the nomination is based should be made within the past five years. The nominee also should have been involved in Association for Career and Technical Education activities at the state, regional, and/or national level and must have been a member of both ACTE and Virginia ACTE for at least the past three consecutive years.

Deadline: Application materials for awards are to be submitted electronically by April 15th to the Vice-President.

Note to Award Recipients: All materials for regional awards consideration must be submitted to by the posted deadline for Region II. Information can be found on the ACTE website.

Session #61

12:30 p.m. to 1:30 p.m.

Appalachian Ballroom A

Session Title: **Virginia’s CTE Resource Center & Canvas**

Session Description: The CTE Resource Center, your source for Virginia’s public school CTE curriculum, will show how to access your curriculum from the Center’s website and through Canvas/Virtual Virginia, and show different ways to integrate your current lessons and resources with the curriculum.

Career Clusters

Represented:



Presenter: Heather Widener, *Editor/Writer, Virginia CTE Resource Center*

Session #62

12:30 p.m. to 1:30 p.m.

Appalachian Ballroom B

Session Title: **Successful Teachers for Tomorrow Programs and College Partnerships**

Session Description: Presenters will share strategies for successful “growing our own programs” and college partnerships.

Career Cluster

Represented:



Presenters: Denny Keffer, *Director, Outreach Education, Shenandoah University* and Kelli Stenhouse, *Organizational Development Specialist, Growing Our Own Teachers, Program Coordinator, Prince William County Public Schools*

Session #63

12:30 p.m. to 1:30 p.m.

Appalachian Ballroom C

Session Title: **A Dozen Reasons to Include Eggs and become and Eggs-pert**

Session Description: Come join this old-school type of presentation that shows how to wake up an audience of students with the importance of eggs in our diet and tips for preparation. The beauty of FCS is teachers don’t always need to do a power point presentation to get our message across – which can get old and boring, class after class. This presentation will demonstrate how to do a presentation in a clever, informative, and memorable way and is bound to “egg-cite!”

Career Clusters

Represented:



Presenter: Mary Rapoport, *CFCS, Consumer Affairs and Educational Director, Virginia Egg Council*

Session #64

12:30 p.m. to 1:30 p.m.

Allegheny Ballroom C

Session Title: **Understanding the Needs of the Aging Population – Aging Simulator Workshop**

Session Description: Research suggests that, on average and despite the high prevalence of negative age-related changes, older people feel younger than they are and generally are satisfied with their aging (Gana et al., 2006). However, others may view the aging population as weak, feeble, and not able to contribute to society. This session will incorporate a hands-on workshop that will help the participant to learn about the physical and cognitive needs of the aging population. This information can be tailored to a class activity for knowledge, care, and reflective practices.

Career Clusters

Represented:



Presenter: Janet Brown, *Department Chair and Associate Professor of Family & Consumer Sciences, Liberty University*

Session #65

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom A

Session Title: **How to Set Up and Run Mock Interviews with Your Students**

Session Description: In this session, learn the process one teacher uses to set up and run mock interviews with students. The presenter will share how she assists students with writing a skills resume, exploring Workplace Readiness Skills, and practicing interview etiquette. Information from this session can be modified and used at all grade levels and for any subject. This is an extended version of the Hall of Fame Best Practices session held at the 2022 conference.

Career Cluster

Represented:



Presenters: Shannon Hunter, *FCS Teacher, Rock Ridge High School, Loudoun County Public Schools*

Session #66

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom B

Session Title: **Grow Your Own Teachers of Tomorrow with Educators Rising**

Session Description: Educator shortages impact many districts, yet we know that 60% of teachers return to teach within 20 miles of where they attended high school. Start recruiting from within by implementing an Educators Rising program in your district to ensure your future educators will reflect the community in which they serve. This session provides participants with resources, exemplars, and strategies to implement a Grow Your Own model in your community.

Career Cluster

Represented:



Presenter: Dr. Lisa Rollins, *National Director of Outreach and Partnerships, PDK International/Educators Rising*

Session #67

1:45 p.m. to 2:45 p.m.

Appalachian Ballroom C

Session Title: **Early Childhood and the Role of Teachers on Concept Development**

Session Description: Learn about the latest research regarding the impact teachers have on our youngest learners' development of concepts.

Career Clusters
Represented:



Presenter: Dr. Donna H. Hoskins, *Associate Professor of Health and Human Sciences, Bridgewater College*

Session #68

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom A

Session Title: **The Honey Pot for Culinary/Hospitality Programs**

Session Description: Teaching in Culinary and Hospitality programs and advising FCCLA go hand in hand to offer students "sweet" opportunities. These include service projects, fundraising options, and creative approaches to competitions. Whether in the classroom, school, or community, FCCLA is a great way to promote and advance the culinary or hospitality program.

Career Clusters
Represented:



Presenters: Connie Rhoton and Kathleen Buchanan, *Virginia FCCLA State Staff and 2023-2024 State Executive Council*

Session #69

1:45 p.m. to 2:45 p.m.

Allegheny Ballroom C

Session Title: **Changing the Face of FCS in University Education**

Session Description: With the growing need for FCS educators in schools, yet the limited enrollment in some colleges, this session sets out to provide information how one university is promoting family and consumer science through six growing majors with specialized areas including family and child development, event planning, professional and creative industry, fashion design, fashion merchandising, and interior design. These specializations are integrated into the FCS teacher education program. Educators will learn about the needs of students and trends in higher education regarding FCS.

Career Cluster
Represented:



Presenters: Janet Brown, *Department Chair and Associate Professor of Family & Consumer Sciences*, and Dr. Chelsea Milks, *Assistant Professor of Family & Consumer Sciences, Liberty University*

Session #70

2:45 p.m. to 3:30 p.m.

Conference Center Pre-Function Area

Session Title: **Refreshments with Exhibitors**

Session Description: Join us for another opportunity to visit with exhibitors, be present for exhibitor door prize drawings, complete your conference evaluation, and enjoy refreshments before heading home. Professional development certificates will be available at the conclusion of the exhibitor door prize drawings.

Professional Development Certificates

Evaluate the overall conference using the online conference evaluation using the URL - https://www.surveymonkey.com/r/2023_PDI_Eval or access the evaluation with a QR Code Reader.



VATFACS PDI attendees will receive their professional development documentation at the close of the Institute once your conference evaluation is received by VATFACS Board Members.

Professional Development Institute Certificates can be picked up at the Registration Tables at the conclusion of the Exhibitor Door Prize Drawings.

Have a wonderful 2024 School Year!

To receive updates about all things Virginia FCS Education, please contact either Heather Jones, heather.jones@doe.virginia.gov or Emily O'Connor, emilyjoconnor@gmail.com to be added to the VATFACS / FCS Listserv.



Post Institute Session #1

8 a.m. to 5:00 p.m.

Appalachian Ballroom B

Session Title: **ServSafe Training and Testing – (Pre-registration and additional fee required)**

Session Description: Teachers will participate in the one-day ServSafe training and complete the assessment to earn the certification.

Career Clusters
Represented:



Post Institute Session #2

8 a.m. to 4:30 p.m.

Appalachian Ballroom C

Session Title: **Teacher Cadet Curriculum Training, Part I – (Pre-registration and additional fee required)**

Provider: CERRA, Winthrop University, 525 Eden Terrace, Rock Hill, SC 29733

Description: The *Teacher Cadet* Curriculum is a national model for pre-collegiate recruitment programs. *Teacher Cadet* is an innovative, curriculum-based college level course designed to introduce secondary students to the education profession. A teacher must receive training from a certified trainer to obtain and use the *Teacher Cadet* Curriculum. Benefits of using the Teacher Cadet Curriculum include:

- Instructional resources and lesson plans to support the *Virginia Teachers for Tomorrow* course competencies (e.g. A copy of *Experiencing Education*, training materials, and a one- year subscription to current curriculum resources through the online Teacher Cadet Hub.)
- Rigorous college level curriculum for dual enrollment.

Presenters: Diane Breinig, *Loudoun County Public Schools*; Amber Tiernan, *Prince William County Public Schools*; Emily O'Connor, *Retired, Prince William County Public Schools and Self-Employed*

Career Cluster
Represented:



Friday, July 22, 2022

Post Institute Session #3

8:00 a.m. to 4:30 p.m.

Appalachian Ballroom C

Session Title: **Teacher Cadet Curriculum Training, Part II (Pre-registration and additional fee required)**

Career Cluster
Represented:



2023 VATFACS PDI Sponsors



JOHNSON & WALES
UNIVERSITY



SHENANDOAH[®]
UNIVERSITY



Henthorne and Associates

2023 VATFACS PDI Exhibitors

G-W Publisher

FILL Foundation

iCEV online

University of Lynchburg

Realityworks, Inc.

Bryant & Stratton College

George Mason University
Strategic Outreach

Longwood University

PDK/Educators Rising

George Mason University,

*School of Sport, Recreation and Tourism
Management*

National Restaurant Association

The University of Arizona's
Take Charge Today

Johnson & Wales University

Virginia CTE Resource Center

Virginia FCCLA

Virginia Restaurant, Lodging, and Travel
Association (VRLTA)

**Thank you to our sponsors and exhibitors for their
support of FCS education in Virginia.**



SAVE THE DATE!

2024 VATFACS PDI



**JULY 21-24,
2024**



**HOTEL MADISON
HARRISONBURG**

**@VATFACS
WWW.VATFACS.NET**